



# SUSDEVALUES

“What are  
family values?”

<https://susdevalues.com/>



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## ABSTRACT OF THE COURSE

This 16-hour course looks at family values from four aspects - culture and tradition, environment, strong family, child-parent relationship. A four-hour course has been created for each aspect, which also includes practical tasks and additional materials (books, studies, films, videos...) that will help to look at the course topic in more depth.

A psychologically safe environment, healthy relationships between family members and the greatest value of society! It is the responsibility of every adult to create such an environment and set the best example not only for his children, but for everyone in his life, so that VALUES that are important and significant do not disappear, but continue to live from generation to generation.

## **COURSE AIMS:**

- To know European cultural values and traditions, in connection with family values.
- Appreciate the relationship between children and parents as the basis of all values, fostering a close bond and trust.
- To ensure children's physical and emotional well-being by promoting children's development and education.
- Create and maintain family unity and harmony by promoting common traditions and values to inherit and maintain cultural heritage.
- Promote environmental awareness to conserve natural resources and ecosystems, reduce negative environmental impacts and reduce pollution and climate change.

## **OBJECTIVES:**

- Build a strong family bond and provide emotional and practical support to family members by introducing traditions and cultural values.
- To provide emotional and practical support in the upbringing and education of children, promoting joint activities and cooperation within the family.
- To inform about effective measures of resource use, recycling and reduction of waste, teaching to protect natural areas and to understand environmental protection issues.
- Offer questionnaires, materials and lessons that help discover family, cultural and environmental values in various aspects.

# Lessons

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- Unit 1: European culture and traditions
- Unit 2: Environmental protection and connection with nature
- Unit 3: The role of the family in society
- Unit 4: A Child-parent relationship as a value

